

# Wounded Warrior Spirituality Workshop

at



September 8, 2011

9:00 am – 3:00 pm

Rain or Shine

By

Joseph Lancia, Psychiatrist  
Susan Lisi, Recreation Therapist  
Christine Cane, Equine Specialist

This is a one day workshop focusing on exploring spiritual aspects of ourselves through nature and interaction with horses. It will invite participants to explore and clarify the deeper meaning and values by which they live. Spirituality exists wherever we struggle with the issues of how our lives fit into the greater scheme of things. Qualities such as compassion, patience, tolerance, love, forgiveness, contentment, responsibility, harmony, and a concern for others will be considered. Components of this workshop include nature based ceremony and ritual (respectful of all faith traditions) and Equine Assisted Learning which involves horses as a partner for emotional growth and learning in humans. The focus is not riding or horsemanship. All activities take place on the ground. No horse experience is necessary. Lunch and snacks are included.

For more information contact:

Susan Lisi, Recreation Therapist  
Canandaigua VA  
(585)-393-7457  
E mail: [Susan.Lisi@va.gov](mailto:Susan.Lisi@va.gov)

Location:

Windhorse Farm  
75 Walker Road  
Hilton, NY 14468  
(585)-392-3492